



National Women's Martial Arts Federation

Policy on First Aid Team

The first aid team at NWMAF's annual conference consists of a team lead and 1-2 additional team members. The team's function is to "[respond] to an emergency situation by calling for help, helping to keep someone alive, reducing pain, and minimizing the consequences of injury or sudden illness until professional medical help arrives" (from the Red Cross). The team is not meant to provide medical treatment or athletic trainer services.

People with healthcare experience, such as medical doctor, registered/licensed nurse, or EMT, will be considered for the first aid team. People with healthcare-related experience, such as athletic trainer, massage therapist, and acupuncturist, will also be considered for the first aid team if they meet the minimum qualifications.

Apply online at <https://www.cognitofrms.com/NWMAF/FirstAidTeamApplication>.

First Aid Team Lead (1 person)

The following are in addition to the qualifications and responsibilities of a First Aid Team Member (see below).

Qualifications:

- Prefer additional credentials beyond the minimum

Responsibilities:

- Review NWMAF's standard list of first aid items and suggest any improvements
- Acquire first aid items (reimbursed by NWMAF)
- Coordinate creation of first aid team schedule and provide copy to Events Coordinator
- Assemble first aid kits and arrange for placement
- Hold meeting with first aid team
- Review team responsibilities
- Review Universal Precautions procedure for body fluid clean up

Compensation:

- Conference tuition and housing fees waived

First Aid Team Member (1-2 people)

Qualifications (minimum):

- Current first aid certification
- Current CPR certification

Responsibilities:

- Work with team lead to create schedule
- Be on call one night during the conference
- Be present in assigned area - one team member needs to be present in each workout "region" (based on campus layout, not necessarily every workout location)
- Carry emergency contact list
- Provide assistance to participants as requested/needed
 - Basic first aid
 - Arrange for transportation of an injured person to another location on campus (for a minor injury) or to a hospital (major injury/emergency) using established procedure
 - Assist with any blood/body fluid clean ups using Universal Precautions
- Maintain a brief log of first aid activities during camp, to be submitted to the Events Coordinator within 1 week of the end of conference

Compensation:

- Conference tuition waived