



# NWMAF November 2021 Newsletter

**News for Our Members, Friends, and Supporters**

*"Empowering women and girls to achieve personal and collective strength, safety, and well being through martial arts, healing arts, and self-defense education"*

## Announcing the NWMAF Conference Dates for 2022!

The 2022 Conference will take place on Wednesday Aug 3 through Sunday August 7 - mark your calendars now! The Conference will be in person at Daemen College, Amherst NY, where we were originally scheduled to hold the 2020 conference, pre-pandemic, and we are so looking forward to seeing you all in person again!

## NEEDED: Events Help!

*By Natalie DeMaioribus, NWMAF Events Coordinator*

I've started grad school and have less time than I used to. I could use a high-level assistant for planning next summer's conference! Please review the following persuasive arguments for stepping up:

- If you MIGHT be interested in running for Events Coordinator next spring, this is a preview!
- If you MIGHT be interested in serving on the board someday (any position), you get to see what it's like! (Looking at you, new members!)
- You get REDUCED REGISTRATION next summer!

Ideally this would be someone who can help consistently over the next year, but if that isn't you, let's talk anyway! My goal is to strengthen a robust system of volunteer jobs so that the Events Coordinator is less of an event planner role. Let me know if you're interested at [Events@NWMAF.org](mailto:Events@NWMAF.org). Thank you in advance!

## Website Redesign - User Survey and Drawing!

As you may be aware, your Board is undertaking a complete website redesign. To ensure the new site that member Amy Eckert is working so hard to build meets the needs of our membership, we need your help. Please complete [this survey](#), which should take less than 10 minutes, so that we understand your priorities, how you use the site now, and what you would like to see on the new site.

Everyone who completes this survey will be entered\* in a drawing to win their choice of an NWMAF hoodie or sweatpants! \*Email address is required for entry."

Thank you in advance for your time and insight!

Gratefully,

NWMAF Board of Directors

Survey link again: <https://nwmaf-we-persist-2021.org/2021-web-survey/>

## Membership Notes

*By Lauren Bailey, NWMAF Membership*

### **Monthly Online Training Instructors: We Need You!**

The past months have seen some awesome sessions on kata, stretches and meditations, and writing role plays for self-defense--thank you to everyone who's taught in 2021! We still need instructors to volunteer to teach the monthly online training webinar in November, December, and beyond. Do you have a skill or insight to share in martial arts, healing arts, or self-defense? Please reach out to Lauren at [members@nwmaf.org](mailto:members@nwmaf.org) to get on the schedule. You'll receive a \$50 honorarium for leading a 60-minute workshop. Thank you in advance!

## NWMAF Business Buffet

### **NWMAF Business Buffet, January 28, 29, and 30**

Do you want to learn more about grant-writing, building an inclusive business, communication design, and marketing? Mark your calendars for the January 28, 29, & 30 NWMAF Business Buffet. You will be able to pay by class or for the full program of nine 90 minute sessions offered by Magdalena Diaz, Meg Stone, Michelle Pereira, Mona MacDonald, and Tiffany Richards. Any proceeds beyond instructor honoraria will support the 2022 NWMAF conference. More details will be available in November. If you have questions or comments, contact Martha at [selfdefense@nwmaf.org](mailto:selfdefense@nwmaf.org).

## Youth Members

*By Jes Macalear, NWMAF Youth Program Director*

Do you have questions, comments, or suggestions regarding improving the NWMAF's youth program? Whether you're a student, parent/guardian, or instructor, the NWMAF would love to hear from you. If you're under the age of 18 years old, please write an email (with your parent/guardian or instructor) and send it from their email address to [youth@nwmaf.org](mailto:youth@nwmaf.org).

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## Upcoming Board Meeting

The next NWMAF Board meeting is **November 14**. Board meetings typically take place on Sundays at 2 pm central time, via an online meeting site. If you are a member interested in attending, contact Liz, [chair@nwmaf.org](mailto:chair@nwmaf.org), and she will provide you with log-in instructions.

## Call for Submissions

### **Have News and Information to Share with the NWMAF Community?**

We welcome your submissions of news, opinion pieces, fiction, or other writing related to our practices of martial arts, healing arts, and self-defense. We also accept art, photos, and comics! Our editorial board reserves the right to edit for space or content considerations. The deadline for the next issue is **November 29**, and will be approximately every four to six weeks thereafter. Send contributions to [secretary@nwmaf.org](mailto:secretary@nwmaf.org).