



National Women's Martial Arts Federation

NWMAF Certified Self-Defense Instructor – Recertification Form

Adopted January 2012

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If submitting this form as hard copy, please print or type.

Contact Information

Name:

Year certified or year of most recent recertification:

Address:

City/State/Postal Code:

E-Mail:

Cell Phone/Other Phone:

Submission Guidelines

Application Submission Options (please check the option you choose)

- By Email** (Preferred method) Complete this form electronically and send a copy of the file to certification@nwmaf.org **or** manually complete the form, scan it, and send the scanned copy to the same email address.
- By Fax** Complete this form manually and fax it to 206-339-5251.
- By Mail** Complete this form manually and request current mailing instructions by emailing certification@nwmaf.org or calling us at 206-339-5251.

Payment Options (please check the option you choose)

- Online** (Preferred method) Submitting your payment online reduces administrative overhead for NWMAF and ensures timely application of your fee. Go to www.NWMAF.org/certification to access the online form.
- By Mail** Make your \$125 check payable to NWMAF and mail directly to:
NWMAF, 14525 SW Millikan Way # 19350, Beaverton, OR 97005-2343



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Criteria for Recertification

(Feel free to use additional pages as needed when answering the following questions.)

To be recertified, you must meet the following criteria:

1. Maintain current NWMAF membership.
Please indicate when your NWMAF membership is due for renewal: _____
2. Pay a renewal fee of \$125 at the time of recertification.
Please indicate when you paid your renewal fee: _____
3. Attend at least one SDIC Early Program, in addition to at least 3 Thursday to Sunday sessions during SDIC and/or SDEMC classes within the five-year period.
Please indicate which year(s) you attended: _____
4. Provide a short description of how you have grown as a self-defense instructor. Please choose from the following examples or add one of your own:
 - You may have added/changed your curriculum in a meaningful way.
 - You may have begun teaching a different group or mix of students, i.e., middle schoolers, men, mothers and daughters, etc.
 - You may have taught at SDIC.
 - You may have volunteered your services to NWMAF to further grow the SD program.
 - Other.

Describe here



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5. Provide a short description of your teaching, mentoring, and other community activities. Please list examples of classes you've taught over the last 5 years (need not be totally comprehensive), any students or other teachers you have mentored, and any other community activities. In other words, how are you using the information you've learned to make your community a better place?

Describe here:

6. As part of your community activities, include a list of any articles you have submitted to NWMAF's newsletter in the last 5 years. If you haven't submitted any, please include a self-defense related article or review of a self-defense event. It can be as short as a paragraph, but it must be ready to submit to the newsletter.

Describe here

7. If you are currently listed on the NWMAF website as a certified Self-Defense Instructor, have you received any calls for classes as a result of this listing? If so, please describe.

Describe here