

SELF-DEFENSE INSTRUCTORS' CONFERENCE  
AND SPECIAL TRAINING 2011

JULY 20 - 24 COLLEGE AT BROCKPORT NY

# SDIC•ST2011

M A N Y P A S S I O N S | H A R M O N Y O F P U R P O S E



## You are never too old to go to summer camp!

For 35 years Special Training has offered a spectacular weekend of training for women and girls, and this year the weekend includes the first full-length Self-Defense Instructors' Conference. Live and breathe martial arts and self-defense in the company of women with **Many Passions and Harmony of Purpose**. From Aikido to Zujitsu, Verbal SD to Physical SD, no belt to black belt, 6 to 106... you are welcome at SDIC-ST 2011!

## Housing

This year you can choose to upgrade your housing for an additional fee (if you upgrade you must do so for all nights you are on campus)

- **standard housing** - two double rooms sharing a common room and bathroom in dorms without air-conditioning
- **upgraded housing** - single room in an air conditioned, four person townhouse

We'll do our best to house you near and with the women you indicate on your registration form, but keep in mind that those in standard housing and those upgrading will be located in different buildings.

## Linens

Linens are available for an additional fee, and include a pillow, pillow case, flat and fitted sheets, and a bath towel.

## Dining

Meals will be served in one of the campus cafeterias and will be all-you-can-eat. At least one vegetarian entrée will be offered at all meals as well as a salad bar at lunch and dinner. Brockport prides itself on its vegetarian offerings, and we have challenged them to impress us!

## Childcare

NWMAF will work with you to meet your childcare needs at camp. We will supply free room and board for a childcare provider you bring for children under 13, or work with you to find a different solution.

## Travel

Brockport College is easily accessible from the NY State Thruway and is about a 6 hour drive from New York, 7 hours from Boston or DC, 10 hours from Chicago, and 42 hours from Los Angeles. The Buffalo Niagara International Airport is about 90 minutes from campus, and the Greater Rochester International Airport about 30 minutes. The price of flying into Rochester has dropped in the last 5 years, so check it out.

## Young Martial Artists (YMA) and Teens

The YMA program provides class and social offerings specially targeted at the young, and young at heart. The program will include the opportunity to practice and perform in the demonstration, either individually or as a group. YMA and teens must be registered to attend classes and are welcome to attend either YMA or adult classes based on their interests and experience level.

## Relaxation and Healing Arts

Travel, hours of workouts, intense focus in the classroom – camp is worth every minute of it! A little help relaxing and recovering is nice, too! If you are a qualified healing arts provider and would like to offer your services during the conference, please send an email to [HealingArts@NWMAF.org](mailto:HealingArts@NWMAF.org) for more information.

## Demonstration

The Saturday evening Demonstration is open to the public, and is an exciting opportunity to watch women martial artists share their talents. Schools, groups, trainers, and individuals are invited to apply (we can usually accommodate all applicants). The application will be available online and email announcements will be sent as we get closer to July.

## Bazaar

Women who wish to sell items during the Friday evening Bazaar may reserve a vendor table on the registration form.

## Volunteering at ST

Would you or your school like to volunteer to help with one of the many tasks involved with running SDIC-ST? Volunteer opportunities will be posted on the website and sent out by email.

## Camp Shirts

Pre-order your camp shirt by June 1 to guarantee availability. A limited number of shirts are available after this date, though sizes and availability will not be guaranteed.

## Scholarships

A limited number of scholarship opportunities are available for NWMAF members and are distributed based on need. Application deadline is April 8. Scholarship applicants should not register until the notified that the award process is complete, but they should apply as early as possible to lock-in their tuition rate. See the members menu on the website for application information.

## Registration

Women registering for SDIC-ST 2011 can freely attend sessions in either program. SDIC-ST tuition includes room and meals, from Thursday dinner through Sunday lunch, and training. Tuesday or Wednesday arrival is available at an additional cost, and includes room and meals from dinner on the day of arrival through lunch the next day.

## Schedule

- **SDIC-ST 2011** starts Thursday, July 21 at 3 pm and ends Sunday, July 24 at 1 pm
- **SDIC Early Program** starts Wednesday, July 20 at 1 pm and ends Thursday, July 21 at 2 pm

## Important Dates

ST and SDIC tuition prices increase by \$25 at the start of each registration window, starting with Window 2

- Window 1: January 1 - January 31
- Window 2: February 1 - March 31
- Window 3: April 1 - May 31
- Window 4: June 1 - July 1
- July 1: housing no longer available, day passes only

## Cancellation

If written cancellation is received by June 30, a full tuition refund, less a \$25 processing fee, will be issued. No refunds will be given for cancellations after this date.

## Special Needs

If you have special needs (wheelchair accessible room, require a sign language interpreter, need refrigerator, etc.) make sure to let us know when you register so that we can try to accommodate you.

**SDIC-ST2011 REGISTRATION****Personal Information**

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address Line 1 \_\_\_\_\_

Address Line 2 \_\_\_\_\_

State \_\_\_\_\_

Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Under 18**  No  Yes

If you are under the age of 18 please provide the following:

Date of Birth \_\_\_\_\_

Is your mother an NWMF member?  No  Yes

If yes, provide her information below, otherwise supply contact information for a parent/guardian.

Parent's First Name \_\_\_\_\_

Parent's Last Name \_\_\_\_\_

Parent's Phone \_\_\_\_\_

Parent's Email \_\_\_\_\_

**Dorm Assignment Requests - I would like to:** share a room with: \_\_\_\_\_ room near these people: \_\_\_\_\_ room near this school: \_\_\_\_\_**Childcare** Please contact me about childcare at SDIC-ST**Food Preferences** Vegetarian  Vegan  Kosher  I eat anything**Comments, Questions, Special Needs** Include on separate sheet as needed.**PAYMENT ENCLOSED** Personal Check  Certified Check  Money Order  Visa  MC

Card # \_\_\_\_\_ Exp Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Mail To: NWMF, 14525 SW Millikan Way #19350, Beaverton, OR 97005-2343

**All fees payable in US dollars.** There is a \$40 fee for all returned checks. Personal checks not accepted after June 30. Full tuition refund minus \$25, if written cancellation received by June 30. Note, it may take up to 8 weeks to process refunds.

Non-Member Fee	US	Intern'l
<input type="checkbox"/> 1 Year Adult membership dues	\$ 60	\$ 70
<input type="checkbox"/> 1 Year Full-Time Student (age 6-25)	\$ 10	\$ 20
<input type="checkbox"/> Non-member Fee (waived if dues included)		\$100 \$ _____

**SDIC-ST 2011 Conference Fee**

includes meals, housing, and tuition Thurs afternoon – Sun lunch

<input type="checkbox"/> Adult	\$365	
<input type="checkbox"/> Full-time Student (age 6-25)	\$335	
<input type="checkbox"/> Commuter	\$260	\$ _____
<input type="checkbox"/> Registering after:	Jan 31	Mar 31
Please add:	\$25	\$50
	May 31	\$75
		\$ _____

After June 3 - day passes only and online or onsite registration only

**Sessions I plan to attend**  Mostly ST  Mostly SDIC  Both Equally**SDIC-ST Day Passes** includes meals and tuition Wed \$120  Thu \$150  Fri \$150  Sat \$150 \$ \_\_\_\_\_**Early Arrival Fee** includes meals and housing

<input type="checkbox"/> Tuesday night room and board only	\$60	
<input type="checkbox"/> Wednesday night room and board only	\$60	
<input type="checkbox"/> Wed. night R&B + SDIC Early Program Tuition	\$150	\$ _____

**Housing Upgrade** You must upgrade for all nights you are on campus

<input type="checkbox"/> Tuesday Night	\$25	
<input type="checkbox"/> Wednesday Night	\$25	
<input type="checkbox"/> Thursday - Saturday Nights	\$75	\$ _____

**Linens** Pillow, pillowcase, sheets, bath towel \$15 \$ \_\_\_\_\_**Guest Fees** Complete Guest Form and enter total guest fees here \$ \_\_\_\_\_**Camp Shirts** Size guaranteed only on shirts ordered before June 1.

Indicate # in each style/size and multiply totals by \$15

	S	M	L	XL	2XL	3XL	# of Shirts	
<input type="checkbox"/> Unisex	_____	_____	_____	_____	_____	_____	_____	x \$15 = \$ _____
<input type="checkbox"/> Women's	_____	_____	_____	N/A	N/A	_____	_____	x \$15 = \$ _____
<input type="checkbox"/> Youth	_____	_____	_____	N/A	N/A	N/A	_____	x \$15 = \$ _____

**Vendor Tables**  1 - \$35  2 - \$70 \$ \_\_\_\_\_**Scholarship Fund Donation – Tax Deductible** \$10  \$25  \$50  Other \$ \_\_\_\_\_**GRAND TOTAL** \$ \_\_\_\_\_



14525 SW Millikan Way #19350  
Beaverton, OR 97005-2343

www.nwmaf.org  
206-339-5251 tel/fax

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# PASS IT ON!

Help us spread the word – register at [www.NWMAF.org](http://www.NWMAF.org)  
and share this brochure with a friend, pass it around at your  
school, or post it where other women martial artists and  
self-defense instructors might see it!

## SDIC·ST2011

### SELF-DEFENSE INSTRUCTORS' CONFERENCE AND SPECIAL TRAINING 2011

**JULY 20 - 24** COLLEGE AT BROCKPORT NY

**Self-Defense Instructors' Conference** An exciting, intense program with a balance of moving, participatory, and lecture sessions. Sessions reflect the values implicit in the feminist empowerment model of self-defense including racial justice, gender justice, LGBTQ inclusive, and inclusive of a range of physical abilities and ages. SDIC runs concurrent with ST, with an optional Early Program that starts Wednesday afternoon.

**Special Training** We come to share our passion for the martial arts and self-defense. We come because some of us rarely have training partners that match our skill, size, strength or temperament. We come to grow as individuals. We come to belong to a community that has been sustaining us for over 30 years. ST is based on a model of cooperative skill sharing across styles, emphasizing principles we have in common and appreciating the many approaches to movement and life.



The **National Women's Martial Arts Federation** is an organization of women martial artists whose purpose is to share skills and resources, promote excellence in the martial arts, and encourage the widest range of women to train in the spirit of building individual and collective strength.

NWMAF events are open to women martial artists and self-defense practitioners of all ranks and experience levels, regardless of lifestyle, sexual orientation, race, color, creed, religion, class, age (6 to infinity), or physical ability.

**More Information** See the NWMAF website for more current information. We also send out email updates, so make sure your profile email address is current.

The following email addresses may be of help:

**Events@nwmaf.org**  
questions about ST

**Volunteer@nwmaf.org**  
to volunteer

**YMA@nwmaf.org**  
Young Martial Artists program

**HealingArts@nwmaf.org**  
info for massage and other  
body work providers

**SDLC@nwmaf.org**  
inquiries about the SDIC

**Demo@nwmaf.org**  
about the demonstration

**Childcare@nwmaf.org**  
for childcare info